



dive skate ski

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5 for 5 Narcosis News



Pete's Bits by Krystle

Autumn 2010

Special points of interest:

- Pete's Bits
- Frequent Diver
- Als wax
- New Divers
- Travel
- New Product
- Nitrox
- HMAS Adelaide
- Aquanaut Sale

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Welcome to the Autumn edition of Narcosis News. I hope everyone had a safe and happy Easter!

Renovation of the shop continues, we're now entering the final stages and its looking great! We've had wonderful feedback from everyone visiting, so if you haven't seen us for a while pop in and have a look.

Ski season is fast approaching, we are holding our book and pay in May promotion again, make sure you don't miss out on this great

discount, and keep an eye out for our annual DSS ski trip.

Our next big event is SCUBA Olympics at the end of May, put your name down at the shop to join a team. SCUBA Olympics 2009 was a huge success with Al's super team the Nun chuck rubber ducks bringing home the trophy. Help us keep it this year, we need both competitors and supporters, and all funds raised go to the Westpac rescue helicopter.

Our boat courses are as popular as ever, and

we've just added VHF radio and a towing and reversing course to our schedule, everyone can benefit from the skills taught in this course from caravaners to pony club members and anyone generally parking and reversing challenged (guilty) Make sure you ask Pete for mates rates!

Don't forget conditions are great in the water this time of year, a little cooler but a lot clearer, join our club dives each weekend, you'll find the schedule on the back page!

Frequent Diver

The winner of our frequent diver competition will be drawn at April Club night, good luck to all who have entries in the barrel!



Important Dates

Club Night

- | | |
|-------|------------|
| April | 12/04/2010 |
| May | 10/05/2010 |
| June | 14/06/2010 |

Events

SCUBA OLYMPICS
SUNDAY
30/05/2010

Upcoming courses

April
Marine
Stress and
Rescue
Nitrox
Deep

May
Low Vis Nav
Wreck

**Towing and
reversing course**

24/04/2010

**VHF Radio
course**

24/04/2010

Our newest divers!

We've had a great group of divers through this summer, some quickly becoming regulars around the shop and in the water. Congratulations on gaining your diving certification and welcome to the club!



Spotlight on Borneo

What makes diving at Sipadan so special? First of all, its geographical position: Sipadan Island is in the center of the richest marine habitat in the world, the heart of the Indo-Pacific basin. More than 3000 species of fish and hundreds of coral species have been classified in these ecosystems.

Sipadan is well known for its unusually large numbers of green and hawksbill turtles which gather there to mate and nest. It is not unusual for a diver to see more than 20 turtles on each dive at Sipadan Island. Another unique feature is the "Turtle Tomb", underwater limestone cave with a labyrinth of tunnels and chambers that contain many skeletal remains of turtles that became disoriented and then drowned.



The macro life at Sipadan is equally mesmerizing; garden eels, leaf scorpion fish, mantis shrimps, fire gobies and various pipefish are guaranteed at various dive sites. Sipadan also boasts a rich variety of corals; both soft and hard, among these Dendronephyta in delicate pastel colors and feather stars of all shades and hues. The most popular dive spot to view these at Sipadan Island is the Coral Gardens.



The diversity of the abundance of marine life found at Sipadan gives it the reputation of being one of the best dive locations in the world.

Spotlight on Jervis Bay

Seal Colony

This is one of our favourite sites during Winter when the Seals migrate to a site South of St Georges Headland. The site itself is made up of large boulders and rock formations and has a maximum depth of 25-30 metres. Marine life here is not as abundant as other sites, the primary focus is on diving with the seals. These creatures are very inquisitive and playful. They will mimic your actions whilst underwater. This is one of those dives to do for the experience.



Accommodation

Jervis Bay Divers Lodge

Jervis Bay Divers lodge is bunk style share accommodation in a large three bedroom house on the foreshores of St Georges Basin.

Each room sleeps between 4- 5 people. Two of these rooms include a double bed.

TV/DVD/Music facilities are in place along with full kitchen facilities and undercover BBQ area.

2010 diving holidays

Borneo- June

Egypt- Nov

Visit the shop or website for more details

Visit our website
www.diveskateandski.com.au

Sign up for weekly dive reports

Watch out for freebies and vouchers!

Check out our exciting travel destinations!

Add us on face book-
diveskateandski

Visit Alan Whitford for Auto electrics, Glendale Auto Electrics 4954 9170



See Stuart Anstey at Anstey Surgical Broadmeadow 4952 4155



Talk to Mark Aylward of solid wood furniture for beautiful hand made custom built timber furniture and shop fit outs 0403 602 713



Al's WAX for a cure



Al bravely had his back waxed for the leukemia foundations shave for a cure campaign during March. He raised \$300, and luckily Susie and Bree were on hand to capture the moment. A special thanks to Peta McGowan at Scent Beauty for donating the treatment. 25 Mar 10, by GEOFF HAWTHORNE

Special Offer from Scent Beauty

Indulge in a full body massage during April get your next one FREE!! 'Saving \$69'



www.scentbeauty.com.au

Thank you!



A huge thank you to all who helped with clean up Australia day this year!!!

HMAS ADELAIDE

THE ex-HMAS Adelaide will not be scuttled for at least a month after the No Ship action group won an injunction stopping the plan.

The issue was back in the courts yesterday when a date for a full hearing was to be set.

The last-minute legal challenge was launched by the Environmental Defenders Office on behalf of the No Ship protest movement in the Administrative Appeals Tribunal.

The ship was to be towed from White Bay at dawn yesterday and anchored off Avoca Beach by 4pm this afternoon.

A spokesman for the No Ship protesters said the tribunal had instructed the group not to make any comment on the matter.

Organisers of the scuttling event say they are “tremendously disappointed”.

Events around the sinking have been in the planning for more than 12 months. Many involved in the celebrations surrounding the sinking were told of the delay late on Wednesday night via text message.

Legal action was the last in a series of events which started as a murmur of protest in January with some graffiti painted on Avoca Beach roads.

It culminated in the formation of an action group who took their fight against the sinking of the Adelaide to the national media, the beach and this week the streets staging protests at Gosford and in Sydney.

Their concerns were initially sparked by the location of the ship, 1.8km off Avoca Beach rather than Terrigal.

Over the course of the past month concerns about the environmental impact on the beach became the focus and the catalyst for legal action.

NSW Lands Minister Tony Kelly said the ship had been thoroughly prepared and had the stamp of approval from both federal and state environment departments.

“You can’t get any better than that,” he said.

25 Mar 10, by GEOFF HAWTHORNE

Courses– Continuing Education

Have you ever dreamed of having longer no-decompression limits to take pictures or explore a wreck? Did you ever want to be safer while diving concerning the potential risk of decompression sickness?

Nitrox is the key. Due to the reduced fraction of nitrogen in your breathing gas, your body will have less work and the desaturation times will be reduced.

In your ENRICHED AIR NITROX program you will learn all the necessary rules for planning dives with Nitrox and using Nitrox in a safe way. An important key point in the entire program is analyzing your own tank prior to any Nitrox dive.

ENRICHED AIR NITROX contains optional dives and therefore it is a perfect “Winter Specialty” before your diving holiday starts. Jump on our course this month!



Hot New Product- Bladefish- DPV

Bladefish 5000

For the serious Snorkel Diver and Scuba Diver, this is the most suitable unit to use. A top speed of up to 5.25 Km/h with three different speeds, selected by flicking the "go" switch, and a depth rating of 50 meters make it the "Dealers" choice. It has a battery duration of between 40 and 120 minutes, dependent on speed, duty cycle and other factors and of course a quick charger.

Models range from the bladefish 1000 suitable for pools and shallows at \$595 through to the featured bladefish 5000 coming in at \$1099.



BLADEFISH SUMMARY SPECIFICATIONS

	Bladefish 1000	Bladefish 2000	Bladefish 3000	Bladefish 4000	Bladefish 5000
Technical					
Power	☺	☺☺	☺☺☺	☺☺☺☺	☺☺☺☺☺
Battery Duration	☺☺	☺☺☺	☺☺	☺☺	☺☺☺☺☺
Max kph/mph	☺	☺☺	☺☺☺	☺☺☺☺	☺☺☺☺☺
No. of Speeds	☺ (single)	☺ (single)	☺ (single)	☺☺ (twin)	☺☺☺ (three)
Depth Rating	☺☺	☺☺	☺☺☺	☺☺☺	☺☺☺☺☺
Recharge Rate	☺☺	☺	☺☺☺☺☺	☺☺☺☺☺	☺☺☺☺
General					
Bag Included	optional	optional	☺	☺	☺
Manouverability	☺☺☺☺☺	☺☺☺☺☺	☺☺☺☺☺	☺☺☺☺☺	☺☺☺☺☺
Portability	☺☺☺☺☺	☺☺☺☺☺	☺☺☺☺☺	☺☺☺☺☺	☺☺☺☺☺
Overall Performance	☺☺☺	☺☺☺	☺☺☺☺	☺☺☺☺	☺☺☺☺☺

Image



Aquanaut Sale— Our Top Picks

ERASER PACK



Fully Loaded!
With Retractable Lanyard
and Squeeze Rock Knife

ONLY \$2495 **SAVE \$515!**

Package Includes

Aqua Lung Pro QD or Pearl BC Apeks Flight Octopus
Apeks Flight Regulator Suunto Vyper Combo Two In Line

TRAVEL PACK



Less than
4kg!
Total weight*

ONLY \$2795 **FREE SHARKSKIN!**
Valued at \$345

Package Includes

Aqua Lung Zuma BC Suunto D4 Elastomer Strap
Apeks Flight Regulator (DIN/Yoke) SPG52 Gauge with hose and boot
Apeks Flight Octopus



Perfect to clip to your BCD and with an attached graphite pencil. Folds out to 250 x 185mm in size.

GLOW IN THE DARK AVAILABLE

ORIGINAL \$24.95
GLOW \$34.95

Neptune Underwater Slate



Small and light body. Recommended for all underwater digital photographers, novice to advanced.

SAVE \$635
NOW \$810

Sea & Sea DX-1200HD Camera and Housing Package



Unbelievable quality at an unbeatable price. The Lite Pak includes C-Lite 8 and a Pca.

NOW ONLY \$199.95

Ikelite Lite Pak



Double nylon lined neoprene with thick wrist straps.

SAVE \$20
NOW \$39

Aqua Lung V-Lok Glove



High quality Halogen torch.

NOW ONLY \$79.95

Ikelite PC-Lite H

Schedule

DATE	TIDE	HGT	PLACE	MEET	WHAT	DC
2/04/2010	10:39	1.41	Co-Op	10:00	Club Dive	Mick B
3/04/2010	11:28	1.3	Halifax	11:00	Club Dive	Kevin
4/04/2010	12:19	1.2	Fly Point	12:00	Club Dive	Taz
7/04/2010	15:34	1.2	Swansea	17:30	Club Night Dive	Daz
8/04/2010			DSS	18:30	Advanced Adventurer	Bree
10/04/2010	18:04	1.3	D'Albora Marina	13:00	Club Boat	Mick B
11/04/2010	6:05	1.5	Swansea	8:00	Club Dive + Breakfast	Kevin
12/04/2010			Seven Seas Carrington	18:30	Club Night- Trivia	Pete
17/04/2010	10:00	1.38	DSS		Dave Harasti's Marine Course	Dave
18/04/2010	10:48	1.32	Halifax	10:00	Club Dive + Breakfast	Phil
23/04/2010			DSS	18:00	Stress and Rescue	Glenn
25/04/2010	10:48	1.63	Swansea	7:30	Club Dive + Breakfast	Kevin/Taz
25/04/2010	10:48	1.63	HMAS Adelaide	7:00	Club Dive	Brendan
26/04/2010			DSS	18:00	Nitrox Course	AI
29/04/2010			DSS	18:00	Deep Course	AI
DATE	TIDE	HGT	PLACE	MEET	WHAT	DC
6/05/2010			DSS	18:00	Advanced Adventurer	Kevin
8/05/2010	16:34	1.34	D'Albora Marina	13:00	Club Boat	Bree
9/05/2010	17:16	1.45	Boat Harbour	9:00	Club Dive + BBQ	Phil
10/05/2010			Seven Seas Carrington	18:30	Club Night	Pete
16/05/2010	9:49	1.57	Co-Op	9:00	Club Dive	Daz
20/05/2010			DSS	18:00	Low Vis Nav Course	
23/05/2010	16:39	1.6	Fly Point	16:00	Fly by Night Club Dive	Taz
27/05/2010			DSS	18:00	Wreck Course	
29/05/2010	9:13	1.33	Broughton Island	7:00	Club Boat	
30/05/2010	9:58	1.31			SCUBA OLYMPICS	All
DATE	TIDE	HGT	PLACE	MEET	WHAT	DC
3/06/2010			DSS	18:00	Advanced Adventurer	Bree
6/06/2010	15:36	1.4	Halifax	15:00	Club Dive	TBA
6/06/2010	15:36	1.4	Borneo		Club Trip	Susie
12/06/2010	7:56	1.36	D'Albora Marina	13:00	Club Boat	Phil
12/06/2010	7:56	1.36	Jervis Bay		Club Trip	
13/06/2010	8:45	1.37	Swansea	10:45	Club Dive	Mick B
14/06/2010	9:36	1.39	Fly Point	9:00	Club Dive	Taz
14/06/2010			Seven Seas Carrington	18:30	Club Night	Pete
17/06/2010			DSS	18:00	Stress and Rescue Course	Glenn
20/06/2010	15:15	1.6	Boat Harbour	12:00	Club Dive and BBQ	Daz
21/06/2010			DSS	18:00	Nitrox	AI
25/06/2010			DSS	18:00	Deep	AI
26/06/2010	6:10	1.3	Swansea South	8:00	Club Dive + Breakfast	Brendan
27/06/2010	6:52	1.3	D'Albora Marina	8:00	Broughton Boat	Kevin